



ChampionMind™ Mastery: Leveling Up with Siri Lindley



Siri Lindley, a two-time World Champion and Hall of Fame triathlete, Top 12 Global Triathlon Coach, Author and Acute Myeloid Leukemia survivor extends her resilient, winning mindset to businesses and executives through her **ChampionMind Mastery** programs. She empowers individuals within companies to unlock their greatest potential with her transformative strategies developed as she overcame and conquered life's greatest challenges. **Her programs have a 97% positive review rating** and she receives countless personal emails from executives and individuals thanking her for the life changing results she brings individually and to businesses.

"Top 10 Motivational Speaker in the World"
- Tony Robbins

Best Selling Author

Animal Advocate

SIRI LINDLEY

Tony Robbins Keynote Speaker

World Champion Triathlete, Triathlon Hall Of Fame, #1 Global Female Triathlon Coach

PROGRAMS

ChampionMind Accelerator: Leveling Up Your Inner-Leader

Siri believes personal development is essential for organizational growth. In this transformative program, participants confront imposter syndrome and redefine their perceptions of leadership. Many individuals struggle to recognize their innate leadership potential and grapple with self-doubt, believing they lack the inherent qualities of a leader. Siri will work personally with your group and individually to develop the understanding that leadership is not confined to traditional norms. She will guide individuals towards embracing their own leadership identity. Participants unlock their full potential and emerge as empowered leaders ready to navigate challenges with confidence and authority.

SuccessVelocity: Expediting Success by Reshaping Perspectives

Siri will work personally with your group and individually to develop a ChampionMind that views challenges as opportunities for growth. **By drawing from her experience coaching world champion athletes and her own personal journey,** she will help you redefine how you perceive success and failure. Your team will gain valuable insights and strategies to accelerate progress towards achieving goals personally and organizationally.

ResilienceRise: Building Strength in Adversity

This program teaches individuals and groups how to build resilience – the ability to adapt, persevere, and thrive in the face of difficulties. **Siri draws on her own inspiring life experiences to teach various aspects of resilience-building; including emotional intelligence, stress management, goal setting, and ChampionMind development.** Through group workshops and personalized coaching sessions, she offers practical tools, techniques, and strategies that empower individuals to enhance their resilience levels both personally and professionally.

ElevateExcellence: Raising the Bar and Achieving More

Through a combination of Siri's proven strategies on mindset shifts, and accountability structures, participants will learn to set clear expectations, embrace challenges, and

continually strive for personal excellence. With a monthly group webinar followed by one-on-one coaching, Siri provides the tools, support, and guidance necessary for individuals to cultivate a **ChampionMind**. She teaches how to navigate setbacks and celebrate achievements as participants elevate their standards with lasting impact.

VisionUnity: Uniting Teams Behind the Vision

Drawing from her wealth of experience collaborating with companies and creating champion teams, Siri's program is designed to unite teams, synchronize their efforts, and inspire them around a shared vision. Through group workshops and personalized coaching sessions, participants will gain insights into fostering collaboration, building trust, and nurturing a collective sense of ownership towards the team's vision.

PeakEnergy: Igniting Champion Excellence

Siri brings her unparalleled expertise and experience as a 2x world champion athlete, top rated coach and cancer survivor, infusing this program with insights and techniques honed at the highest levels of competition both in sports and in boardrooms. From mindset strategies and nutrition to exercise and energy rejuvenation she knows how to ignite an individual's inner strength. With a focus on personal development and sustainable growth, Siri's PeakEnergy training empowers participants to achieve accelerated success with her proven tools for champion level energy.

Customized ChampionMind™ Mastery Programs

Siri offers a variety of other programs including, "Surviving and Thriving as a Team", "How to Reignite your Motivation and Passion", "Redefining Your Comfort Zone" and "Conflict Resolution".

She also creates customized programs to align with the unique needs of organizations, offering one or three day in-person workshops, virtual trainings, and both group and individual training sessions.

Proven Results from Siri Lindley's Immersive Trainings

- ▶ Elevated mindset and leadership with Siri's proven ChampionMind™ Mastery tools and trainings.
- ▶ Increased resilience and mental toughness.
- ▶ The ability to rise above challenges and embrace change.
- ▶ Transformation into a leader who guides with clear purpose and vision.
- ▶ How to create a culture of positivity and growth.
- ▶ The ability to confront and dispel negativity.
- ▶ How to unify, connect, and commit your team.
- ▶ How to nurture open communication, trust, and collaboration.
- ▶ Navigating tough conversations with compassion.
- ▶ How to pursue ongoing growth and improvement.
- ▶ Enhanced life, career, and relationships.

Explore Siri's extensive programs and delve into a world of possibilities. Bring her expertise to your organization's training sessions today.

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